## **Reflective Journal 5 – Food Industry Interview**

You are now ready for the final journal entry of the course. Congratulations!

For this option, you will interview someone who currently works in one of the seven categories of careers in nutrition. Many different professions or jobs will qualify as having nutrition as a primary focus. Do not automatically assume that because a job role includes nutrition as a component, you can interview someone from it. Doctors, for example, might discuss food and beverage choices with their patients, but the training and day-to-day practices of doctors are not primarily focused on nutrition.

You must report on the subject of your interview and your interview in a new Microsoft Word document with **three parts**:

#### **Part A: Background Information**

In the first part of your interview assignment, introduce the subject of your interview:

* Identify the person being interviewed. Include their name and how the interview was conducted (i.e., Was it done face-to-face, over the phone, or via email?). Include their email address or phone number if the interview was not done in a face-to-face setting.
* Identify the location of the person’s work—give a description of the workplace.
* Identify the duties of the person you are interviewing (describe their job).
* Identify how long has this person held their current position.
* Identify whether they have had any other similar jobs or worked in any other place. If so, where and for how long?

#### **Part B: The Interview**

You must include the following questions in your interview, as well as at least six additional questions that focus on the career choice and work duties of the person you are interviewing:

* What education or training is needed to work in this career?
* Where can you get the training necessary for this career?
* What does your interviewee find most rewarding about the job? Explain in some detail.
* What frustrations come with this type of career? Give details.
* What would the interviewee recommend to anyone who wishes to pursue this career?

Then, the additional six questions should be catered to the specific career or job of your interview subject: the experiences of chefs, farmers, grocers, and dietitians are all quite different.

#### **Part C: Reflection**

Reflect on what you have learned during your interview. You may want to discuss what surprised you about the answers you received, what you already assumed that was confirmed, etc.

To complete the assignment, start a new Microsoft Word document. Save this file with your name and the name of the assignment in the file name, and then add your name to the top of the first page, too. The minimum for this assignment is **250 words**, but you can write more if more is necessary.

Review the **journal rubric** before you begin.