Grade 10 Physical Education and Health Schedule

Semester 2, 2021

Students should come prepared with a change of athletic clothing, athletic footwear, and a filled water bottle every day regardless of the scheduled activity, as circumstances may occur which cause an alteration in the planned activity.

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| Dates | Location | Activity | Health Assignments |
| Feb. 3 – Feb. 12 | Main Gym | LOGs | Tabs 1 and 2 |
| Feb. 15 – Feb. 26 | Main Gym | Badminton | Tabs 3 and 4 |
| Mar. 8 – Mar. 19 | Fitness Center | Fitness | Tabs 5, 6, and 7 |
| Mar. 22 – Apr. 2 | Mini Gym | Archery | Tabs 8 and 9 |
| Apr. 5 – Apr. 16 | Fitness Center | Fitness | Tab 10 |
| Apr. 19 – 30 | Main Gym | LOGs Teaching | Tab 11 |
| May 3 – May 14 | Fitness Center | Fitness | Tab 12 |
| May 17 – May 28 | Mini Gym | Dance/Dance Teaching | Tab 13 |
| May 31 – June 11 | Main Gym/Turf | Invasion Games |  |